



The SESSIONS: For Spiritual Growth & Evolution

The Universal Calibration Lattice (UCL) is an electromagnetic system within the human energy anatomy composed of fibers of light and energy that surround each one of us. It is through this Divine circuitry that energetic information and wisdom is received. When the lattice is calibrated, strengthened, & balanced, the connection to higher, refined energies deepens and your innate ability to co-create improves.



The EMF Balancing Technique® is an energy balancing system that works specifically with the UCL. It is designed to accelerate the integration of Spirit and biology in order to increase health and personal empowerment. EMF balancing releases excess electromagnetic energy to relieve stress and anxiety, enabling smooth transitions through life's growth processes. While the basic pattern of the UCL is universal, everyone's calibration is determined by the individual frequency of their own vibration, making each EMF Balancing Technique® experience unique in sensation and impact.

During an EMF Balancing Technique® session, specific energy patterns are traced through the lattice in circling movements. These patterns are the same for everyone but honor each person's individual essence. Healing is not the focus of the technique — balance is the intent during all EMF sessions. Through balance, the individual is empowered to allow the body to return to its natural state of health. There are Four Phases to the technique that can be given in single one-hour sessions or in combinations.

The First Four Phases...

Focus is on **release, calibration & balance.**

The resonance of these preparatory sessions gives clarity and empowers us to take personal responsibility and consciously co create the most enlightened life we can.

- ✿ We **release** blockages and restrictions while clearing the fibers and loops to facilitate graceful processing of energetic information and emotions.
- ✿ We **calibrate** the UCL to strengthen and prepare our energy anatomy to hold an increasingly greater energetic charge.
- ✿ And we **balance** in order to develop an energetic posture that enables us to walk graciously on our path while in direct connection with our higher, refined energies and the infinite source of wisdom and love.

The Next Four Phases...

Focus is on **activation, stability & integration.**

These evolutionary sessions create a resonance that supports the practice of mastery in the noblest attributes of what it means to be human as we explore the multi-dimensional, holographic nature of our Infinite Selves.

- ✿ We **activate** new facets of the UCL to receive and translate the energetic information that is being given to us to support our evolution.
- ✿ We **stabilize** the entire UCL structure in order to safely and comfortably hold the increasing level of energetic charges.
- ✿ And we begin to **integrate** those aspects of ourselves that we have created to support the duality of our human experience.

(over)



Why experience an EMF session?

Whether you want relaxation, clarity and profound peace or to feel balanced and grounded, you will come to understand your connection with the unlimited energy around you, and to begin to experience more of your own energy—the essence of who You really are.

* **Phase One** - Wisdom & Compassion

This session releases stress and gracefully opens the emotional center. Your emotions are given permission for expression and allowed to be. You can begin to feel the balance between your head and heart; to think with your heart and feel with your mind.

* **Phase Two** - Self-direction & Self-support

The excess energy that manifests as emotional issues is released. By transmuting the charge of energy invested in past events and activating it as personal empowerment, your history becomes a source of wisdom and support instead of an anchor that holds you back.

* **Phase Three** - Radiate Core Energy

Radiating core energy brings profound peace. It allows spiritual intelligence to manifest in daily life and enables you to live in the Now moment. Conditions that no longer serve you will simply fall away. The unification of your chakra system begins here as you evolve into an energetic whole.

* **Phase Four** - Energetic Accomplishment

A connection that enhances clear communication with your future Self is established, allowing your potential energy to be used as you manifest of your reality. It charges your hopes and dreams with your own energy, empowering you to consciously co-create the most enlightened life possible.

Templates & Attributes

*In Phases V-VIII, **templates** are set to hold a specific resonance to support your practice of mastery. It entrains, or draws us to that particular energetic expression. Each Phase supports 12 **Attributes** of a Gracious Human to help you balance your increasing power with integrity.*

* **Phase Five** - Template of Infinite Love

This template includes the area of the Heart Center, High Heart Center, throat, all the energy vortices around the mouth and the tip of the nose.
ATTRIBUTES: Sincerity, Honesty, Transformation, Flexibility, Initiation, Forgiveness, Creativity, Openness, Humor, Freedom and Courage

* **Phase Six** - Templates of Infinite Compassion

There are two templates, one for each **hand**, each includes the energy center in center of the hand and all energy vortices throughout the fingers
ATTRIBUTES: Respect, Kindness, Balance, Patience, Communication, Gratitude, Joyfulness, Generosity, Neutrality, Humility, and Compassion

* **Phase Seven** - Templates of Infinite Presence

There are two separate templates, one for each **foot**. It includes the major energy center on the top and bottom of the foot and all the small energy vortices on the soles and around the toes.
ATTRIBUTES: Mindfulness, Self-Acceptance, Security, Insight, Stillness, Wisdom, Intuition, Understanding, Focus, Purity and Discernment

* **Phase Eight** - Template of Infinite Wisdom

This template encompasses all the points of light contained within the brain and all of the energy vortices associated with the Crown Center.
ATTRIBUTES: Enlightenment, Integration, Power, Commitment, Integrity, Unconditional Love, Peacefulness, Knowledge, Harmony, Trust, and Persistence



POSITIVE PERFORMANCE TECHNOLOGY LLC

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